

**Areas of Interest:**

- Health literacy
- Patient education
- Health care communication
- Patient engagement and empowerment

**Ruth Nabisere** is a Breast Cancer survivor. Worked as a Home Health aide for 13years before becoming a Licensed Practical Nurse. It's here that she developed the interest and passion to understand the what's and why people were so sick despite the advanced health care system.

She has been a Patient Partner for Cambridge Health Alliance(CHA) since 2013, now the Lead for CHA's Patient Partners' program. She has worked with their Quality Improvement Teams bringing in the patients voice to the work of designing and redesigning care for the communities. As a Patient Representative, has presented at National and International meetings the importance of engaging and partnering with patients in their care. She was on a PCORI Research Project that examined the role of past health care discrimination in seeking and shared decision making for depression treatment and preferences. As a PCORI ambassador reviewed abstracts and attended the Health literacy Research conference. She is also a member of the Boston BRIDGE Project Advisory Board and played a critical role guiding the development of the training curriculum.

Her passion is to find ways and avenues for implementing research findings and help people get engaged in their health.