

## **Dorothy E. Winningham**

### **Winn Leadership Group LLC Founder & President**

#### **Areas of Interest:**

- Diabetes (Pre-Diabetes, T2 Diabetes, Weight loss)
- Access to care
- Communication: Patient, family caregiver, and agency PCA (personal care Assistant).

Dorothy and her husband, Larry, live in Midlothian, VA. They have two children - Felicia Elizabeth, a Surgery Coordinator in Los Angeles, CA, and Paris Allen, former Petty Officer 2<sup>nd</sup> Class Mayport Naval Base, Mayport, FL. We also have one very lively and photogenic granddaughter, Madeline Jane, and a beloved daughter-in-law, Shanice who is a Cosmetologist.

Dorothy began working as a professional caregiver in 2010 after retiring from Wachovia Securities, LLC (now Wells Fargo). Shortly thereafter she became the caregiver for her brother, mother, and her mother-in-law. In addition to her professional caregiving career she is most passionate about people dealing with diabetes and prevention.

In 2014 Dorothy joined Health Quality Innovators (HQI) Patient & Family Advisory Council, and in 2018 became associated with Patient Family Advisory Network (PFAnetwork) in 2018.

Dorothy is a licensed ordained elder, and the Administrative Manager for New Bethel Christian Fellowship, Richmond, VA. Dorothy authored the book entitled "God Got Me" which is a tribute to her brother Kirby who passed in 2013 with kidney failure and breast cancer.

Dorothy is a Lifestyle Coach - YMCA of Greater Richmond, Richmond, VA (Pre-Diabetes, Diabetes, and Weight Loss) - Program Facilitator

#### **Community Outreach:**

- Senior Connections – The Capital Area Agency on Aging –Pre-Diabetes, Chronic Disease Self-Management, and Healthy Senior – Instructional Leader
- Virginia Diabetes Council (VDC) Team Member

### **Partnerships**

- PFAnetwork- DEI Workgroup
- American College of Physicians (ACP)
- National Quality Partners (NQP)
- Conference Participant - Centers for Medicare & Medicaid Conference (CMS) 2018 & 2019
- Virginia Hospital and Healthcare Association (VHHA) Conference